

October 2024 - Milnor

**Home Delivered Meals, Carry Out Meals, and Congregate Meals are a suggested donation of \$4.00 per meal for people 60+ and their spouse of any age.
Under 60 is a charge of \$9.00 per meal.
All meals include 1% milk. Menus are subject to change.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Broccoli Cheese Soup / Crackers Steak Cobb Salad Whole Orange Breadstick	2 Beef Stroganoff Seasoned Egg Noodles Seasoned Broccoli - 1 cup Whole Orange Bread x2	3 Braised Pork Chop Roasted Potatoes Roasted Brussel Sprouts Peaches Bread x2	4 Philly Cheese Chicken Sandwich Tator Tots Beets Fruit Cocktail
7 CLOSED	8 Salisbury Steak / Mushroom Gravy Twice Baked Potato Capri Blend Veggies Pineapple Bread x2	9 Egg & Sausage Bake Hash Browns Asparagus Almondine Banana Bread x 2 Jelly	10 Chicken Pesto Sandwich Garden Rotini Salad Broccoli Salad Berries & White Chocolate	11 Beef Fajita Spanish Rice Fajita Blend Veggies Chips & Salsa Caramel Custard Raspberries
14 CLOSED	15 Lemon Pepper Fish Parslied Potatoes Carrots Peachy Gelatin Bread x2	16 Chili w/ Beans House Salad Cornbread Wheat Crackers Deluxe Fruit	17 Porcupine Meatballs Mashed Potatoes Prince Edward Veggies Heavenly Hash Bread x2	18 Pulled BBQ Chicken Ranch Beans Corn Cornbread Fresh Strawberries
21 CLOSED	22 Fish Sandwich / Bun Lettuce Tomato Onion Scalloped Potatoes Cinnamon Applesauce Tarter Sauce	23 RS Ham Baked Potato Peas & Onions Tropical Fruit Bread x2	24 Chicken & Wild Rice Casserole Brussel Sprouts & Tomatoes 1 cup Whole Pear Breadstick	25 Hot Dog / Bun French Fries Baked Beans Blushing Pears Honeydew - 1 cup
28 CLOSED	29 Pork Loin Roast / Gravy Mashed Potato Lemon Asparagus Mandarin Oranges Bread x2	30 Honey Chicken Glazed Sweet Potatoes California Blend Veggies Pear Dessert Bake Bread x2	31 Supreme Pizza Casserole House Salad Green Beans Oregano Breadstick Apple	

October 2024 - Rutland

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Broccoli Cheese Soup / Crackers Steak Cobb Salad Whole Orange Breadstick	2 Beef Stroganoff Seasoned Egg Noodles Seasoned Broccoli - 1 cup Whole Orange Bread x2	3 Braised Pork Chop Roasted Potatoes Roasted Brussel Sprouts Peaches Bread x2	4 CLOSED
7 Egg & Sausage Bake Hash Browns Asparagus Almondine Banana Bread x 2 Jelly	8 Salisbury Steak / Mushroom Gravy Twice Baked Potato Capri Blend Veggies Pineapple Bread x2	9 Stuffed Shells / Sauce House Salad Malibu Blend Veggies Fresh Fruit Breadstick Chocolate Cake	10 Chicken Pesto Sandwich Garden Rotini Salad Broccoli Salad Berries & White Chocolate	11 CLOSED
14 Hot Dog / Bun French Fries Baked Beans Blushing Pears	15 Lemon Pepper Fish Parslied Potatoes Carrots Peachy Gelatin Bread x2	16 Chili w/ Beans House Salad Cornbread Wheat Crackers Deluxe Fruit	17 Porcupine Meatballs Mashed Potatoes Prince Edward Veggies Heavenly Hash Bread x2	18 CLOSED
21 Fish Sandwich / Bun Lettuce Tomato Onion Scalloped Potatoes Cinnamon Applesauce Tarter Sauce	22 Italian Turkey Meatloaf Boiled Potatoes Green Beans / Thyme Berry Crisp Bread x2	23 RS Ham Baked Potato Peas & Onions Tropical Fruit Bread x2	24 Pork Wings Au Gratin Potatoes Seasoned Snow Peas Ciabatta Roll Cinnamon Bananas	25 CLOSED
28 Chicken & Wild Rice Casserole Brussel Sprouts & Tomatoes 1 cup Whole Pear Breadstick	29 Pork Loin Roast / Gravy Mashed Potato Lemon Asparagus Mandarin Oranges Bread x2	30 Honey Chicken Glazed Sweet Potatoes California Blend Veggies Pear Dessert Bake Bread x2	31 Supreme Pizza Casserole House Salad Green Beans Oregano Breadstick Apple	

October 2024 - Cogswell & Forman

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 All meals include 1% milk. Menus are subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Philly Cheese Chicken Sandwich Tator Tots Corn Cobbette Banana	2 Beef Stroganoff Seasoned Egg Noodles Seasoned Broccoli - 1 cup Whole Orange Bread x2	3 Braised Pork Chop Roasted Potatoes Roasted Brussel Sprouts Peaches Bread x2	4 CLOSED
7 Egg & Sausage Bake Hash Browns Asparagus Almondine Banana Bread x 2 Jelly	8 Salisbury Steak / Mushroom Gravy Twice Baked Potato Capri Blend Veggies Pineapple Bread x2	9 Stuffed Shells / Sauce House Salad Malibu Blend Veggies Fresh Fruit Breadstick Chocolate Cake	10 Beef Fajita Spanish Rice Fajita Blend Veggies Chips & Salsa Caramel Custard Raspberries	11 CLOSED
14 Hot Dog / Bun French Fries Baked Beans Blushing Pears	15 Pulled BBQ Chicken Ranch Beans Corn Cornbread Fresh Strawberries	16 Chili w/ Beans House Salad Cornbread Wheat Crackers Deluxe Fruit	17 Porcupine Meatballs Mashed Potatoes Prince Edward Veggies Heavenly Hash Bread x2	18 CLOSED
21 Fish Sandwich / Bun Lettuce Tomato Onion Scalloped Potatoes Cinnamon Applesauce Tarter Sauce	22 Meatloaf Mashed Potatoes with Gravy Sliced Dilled Carrots WW Ciabatta Roll Minted Pears	23 RS Ham Baked Potato Peas & Onions Tropical Fruit Bread x2	24 Chicken & Wild Rice Casserole Brussel Sprouts & Tomatoes 1 cup Whole Pear Breadstick	25 CLOSED
28 Supreme Pizza Casserole House Salad Green Beans Oregano Breadstick Apple	29 Pork Loin Roast / Gravy Mashed Potato Lemon Asparagus Mandarin Oranges Bread x2	30 Honey Chicken Glazed Sweet Potatoes California Blend Veggies Pear Dessert Bake Bread x2	31 Pork Wings Au Gratin Potatoes Seasoned Snow Peas Ciabatta Roll Cinnamon Bananas	