October 2024 - Milnor

Home Delivered Meals, Carry Out Meals, and Congregate Meals are a suggested donation of \$4.00 per meal for people 60+ and their spouse of any age.

Under 60 is a charge of \$9.00 per meal.

All meals include 1% milk. Menus are subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1		2	3
	Broccoli Cheese Soup / Crackers Steak Cobb Salad Whole Orange Breadstick	Beef Stroganoff Seasoned Egg Noodles Seasoned Broccoli - 1 cup Whole Orange Bread x2	Braised Pork Chop Roasted Potatoes Roasted Brussel Sprouts Peaches Bread x2	Philly Cheese Chicken Sandwich Tator Tots Beets Fruit Cocktail
	7		9 1	0 11
CLOSED	Salisbury Steak / Mushroom Gravy Twice Baked Potato Capri Blend Veggies Pineapple Bread x2	Egg & Sausage Bake Hash Browns Asparagus Almondine Banana Bread x 2 Jelly	Chicken Pesto Sandwich Garden Rotini Salad Broccoli Salad Berries & White Chocolate	Beef Fajita Spanish Rice Fajita Blend Veggies Chips & Salsa Caramel Custard Raspberries
	14 15		16 1	7 18
CLOSED	Lemon Pepper Fish Parslied Potatoes Carrots Peachy Gelatin Bread x2	Chili w/ Beans House Salad Cornbread Wheat Crackers Deluxe Fruit	Porcupine Meatballs Mashed Potatoes Prince Edward Veggies Heavenly Hash Bread x2	Pulled BBQ Chicken Ranch Beans Corn Cornbread Fresh Strawberries
	21 22		23 2	4 25
CLOSED	Fish Sandwich / Bun Lettuce Tomato Onion Scalloped Potatoes Cinnamon Applesauce Tarter Sauce	RS Ham Baked Potato Peas & Onions Tropical Fruit Bread x2	Chicken & Wild Rice Casserole Brussel Sprouts & Tomatoes 1 c Whole Pear Breadstick	Hot Dog / Bun up French Fries Baked Beans Blushing Pears Honeydew - 1 cup
	28 29		30 3	1
CLOSED	Pork Loin Roast / Gravy Mashed Potato Lemon Asparagus Mandarin Oranges Bread x2	Honey Chicken Glazed Sweet Potatoes California Blend Veggies Pear Dessert Bake Bread x2	Supreme Pizza Casserole House Salad Green Beans Oregano Breadstick Apple	

October 2024 - Rutland

Home Delivered Meals, Carry Out Meals, and Congregate Meals are a suggested donation of \$4.00 per meal for people 60+ and their spouse of any age.

Under 60 is a charge of \$9.00 per meal.

All meals include 1% milk. Menus are subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2		3 4
	Broccoli Cheese Soup / Crackers Steak Cobb Salad Whole Orange Breadstick	Beef Stroganoff Seasoned Egg Noodles Seasoned Broccoli - 1 cup Whole Orange Bread x2	Braised Pork Chop Roasted Potatoes Roasted Brussel Sprouts Peaches Bread x2	CLOSED
7	8			10 11
Egg & Sausage Bake Hash Browns Asparagus Almondine Banana Bread x 2 Jelly	Salisbury Steak / Mushroom Gravy Twice Baked Potato Capri Blend Veggies Pineapple Bread x2	Stuffed Shells / Sauce House Salad Malibu Blend Veggies Fresh Fruit Breadstick Chocolate Cake	Chicken Pesto Sandwich Garden Rotini Salad Broccoli Salad Berries & White Chocolate	CLOSED
14	15		3	17 18
Hot Dog / Bun French Fries Baked Beans Blushing Pears	Lemon Pepper Fish Parslied Potatoes Carrots Peachy Gelatin Bread x2	Chili w/ Beans House Salad Cornbread Wheat Crackers Deluxe Fruit	Porcupine Meatballs Mashed Potatoes Prince Edward Veggies Heavenly Hash Bread x2	CLOSED
21	22	23	3	24 25
Fish Sandwich / Bun Lettuce Tomato Onion Scalloped Potatoes Cinnamon Applesauce Tarter Sauce	Italian Turkey Meatloaf Boiled Potatoes Green Beans / Thyme Berry Crisp Bread x2	RS Ham Baked Potato Peas & Onions Tropical Fruit Bread x2	Pork Wings Au Gratin Potatoes Seasoned Snow Peas Ciabatta Roll Cinnamon Bananas	CLOSED
28	29	30		31
	Pork Loin Roast / Gravy Mashed Potato Lemon Asparagus Mandarin Oranges Bread x2	Honey Chicken Glazed Sweet Potatoes California Blend Veggies Pear Dessert Bake Bread x2	Supreme Pizza Casserole House Salad Green Beans Oregano Breadstick Apple	

October 2024 - Cogswell & Forman

Home Delivered Meals, Carry Out Meals, and Congregate Meals are a suggested donation of \$4.00 per meal for people 60+ and their spouse of any age.

Under 60 is a charge of \$9.00 per meal.

All meals include 1% milk. Menus are subject to change.

MONDAY	TUESDAY	WEDNES	DAY THURSD	THURSDAY		FRIDAY	
		1	2	3		4	
	Dhille Charas Chialas Can	ducids Book Characters of	Desired Deals Char				
	Philly Cheese Chicken Sand		Braised Pork Chop		CLOCED		
	Tator Tots	Seasoned Egg Noodles			CLOSED		
	Corn Cobbette	Seasoned Broccoli - 1	cup Roasted Brussel Spr Peaches	outs			
	Banana	Whole Orange Bread x2	Bread x2				
	7	8	g Breau x2	10		11	
		8	9	10		11	
Egg & Sausage Bake	Salisbury Steak / Mushroo	m Gravy Stuffed Shells / Sauce	Beef Fajita				
Hash Browns	Twice Baked Potato	House Salad	Spanish Rice		CLOSED		
Asparagus Almondine	Capri Blend Veggies	Malibu Blend Veggies	Fajita Blend Veggies	6			
Banana	Pineapple	Fresh Fruit	Chips & Salsa				
Bread x 2	Bread x2	Breadstick	Caramel Custard				
Jelly		Chocolate Cake	Raspberries				
	14	15	16	17		18	
Hot Dog / Bun	Pulled BBQ Chicken	Chili w/ Beans	Porcupine Meatballs				
French Fries	Ranch Beans	House Salad	Mashed Potatoes		CLOSED		
Baked Beans	Corn	Cornbread	Prince Edward Vegg	iies			
Blushing Pears	Cornbread	Wheat Crackers	Heavenly Hash	,			
	Fresh Strawberries	Deluxe Fruit	Bread x2				
	21	22	23	24		25	
Fish Sandwich / Bun	Meatloaf	RS Ham	Chicken & Wild Rice	e Casserole	CLOSED		
Lettuce Tomato Onion	Mashed Potatoes with Gra	vv Baked Potato	Brussel Sprouts & T				
Scalloped Potatoes	Sliced Dilled Carrots	Peas & Onions	Whole Pear				
Cinnamon Applesauce	WW Ciabatta Roll	Tropical Fruit	Breadstick				
Tarter Sauce	Minted Pears	Bread x2					
	28	29	30	31			
Supreme Pizza Casserole	Pork Loin Roast / Gravy	Honey Chicken	Pork Wings				
House Salad	Mashed Potato	Glazed Sweet Potatoes					
Green Beans Oregano	Lemon Asparagus	California Blend Veggie		ns			
Breadstick	Mandarin Oranges	Pear Dessert Bake	Ciabatta Roll				
Apple	Bread x2	Bread x2	Cinnamon Bananas				