# February 2025 - Milnor

## Home Delivered Meals, Carry Out Meals, and Congregate Meals are a suggested donation of \$4.00 per meal for people 60+ and their spouse of any age. Under 60 is a charge of \$11.75 per meal.

All meals include 1% milk. Menus are subject to change.

| MONDAY | TUESDAY                                    | WEDNESDAY                                | THURSDAY                      | FRIDAY                                      |
|--------|--|--|-------------------------------|---|
| 3      | 4  | 5  | 6                             | 7   |
| CLOSED | Salisbury steak / Gravy<br>Mashed Potatoes | Beef Stuffed Pepper<br>Parslied Potatoes | RS Ham<br>Baked Potato        | Mushroom Swiss Burger / Bun<br>Potato Salad |
| CLOSED |  | Zucchini                                 |                               | Broccoli                                    |
|        |  | Cranberry Peaches                        | Mixed Veggies<br>Bread x2     | Tangerine                                   |
|        |  | Bread x 1                                | Deluxe Fruit                  | Tangerine                                   |
| 10     |  | 12                                       |                               | 14  |
|        |  |  |                               |   |
|        | Lemon Pepper Cod                           | Country Fried Steak / Gravy              | Tater Tot Casserole           | Chicken Tenders                             |
| CLOSED |  | Baby Baker Potatoes                      | Green Beans - 1 cup           | Macaroni & Cheese                           |
|        |  | Beets                                    | Diced Pears                   | House Salad - 1 cup                         |
|        | Oranges in Whipped Topping                 | Pineapple                                | Bread x1                      | Fruit Cocktail                              |
|        |  | Dessert                                  |                               | Bread x1                                    |
|        |  | Dinner Roll                              |                               |   |
| 17     | 18   | 19                                       | 20                            | 21  |
|        |  |  |                               |   |
|        | Cheese Tortellini / Marinara Sauce         | Roast Beef & Gravy                       | Beef Fajita                   | Philly Cheese Chicken Sandwich              |
| CLOSED | Meatballs                                  | Dijon Red Potatoes                       | Chips / Salsa                 | Tator Tots                                  |
|        | 55   | Country Blend Veggies                    | Spanish Rice                  | Capri Blend Veggies                         |
|        | Mixed Berries<br>Breadstick                | Tropical Fruit<br>Bread x2               | Southwest Corn<br>Raspberries | Banana                                      |
|        | DIEduSUCK                                  | bleau xz                                 | Dessert                       |   |
| 24     | 25   | 26                                       |                               | 28  |
|        | _  |  |                               | _   |
|        | Teriyaki Chicken                           | Supreme Pizza Casserole                  | Pulled BBQ Chicken            | Fish Sandwich / Bun / Tartar Sauce          |
| CLOSED | Seasame Brown Rice                         | House Salad                              | Ranch Beans                   | Augratin Potatoes                           |
|        | Pacific Blend Veggies                      | Green Beans Oregano                      | California Blend Veggies      | Lettuce, Tomato, Onion                      |
|        |  | Dressing Apple                           | Cornbread                     | Cinnamon Applesauce                         |
|        | Peach Crisp                                | Breadstick                               | Strawberries                  |   |
|        |  |  |                               |   |
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# February 2025 - Rutland

### Home Delivered Meals, Carry Out Meals, and Congregate Meals are a suggested donation of \$4.00 per meal for people 60+ and their spouse of any age. Under 60 is a charge of \$11.75 per meal.

All meals include 1% milk. Menus are subject to change.

| MONDAY   | TUESDAY  |    | WEDNESDAY   |    | THURSDAY   | FRIDAY  |    |
|--|--|----|---|----|--|---|----|
| 3  |  | 4  |   | 5  |  | 5   | 7  |
| Mushroom Swiss Burger / Bun<br>Potato Salad  | Salisbury steak / Gravy<br>Mashed Potatoes   |    | Pork Wings<br>Scalloped Potatoes  |    | RS Ham<br>Baked Potato   | CLOSED  |    |
| Broccoli<br>Tangerine  | Winter Blend Veggies<br>Cherry Fruit Salad<br>Bread x2   |    | Seasoned Snow Peas<br>Cinnamon Bananas<br>Dinner Roll   |    | Mixed Veggies<br>Bread x2<br>Deluxe Fruit  |   |    |
| 10   |  | 11 |   | 12 | 13   | 3   | 14 |
| Tater Tot Casserole<br>Green Beans - 1 cup<br>Diced Pears  | Chicken Tenders<br>Macaroni & Cheese<br>House Salad - 1 cup  |    | Country Fried Steak / Gravy<br>Baby Baker Potatoes<br>Beets                                     |    | Open Face Turkey Sandwich (2 slices l<br>Chive Mashed Potatoes<br>Peas & Carrots                 | pread)<br>CLOSED  |    |
| Bread x1   | Fruit Cocktail<br>Bread x1   |    | Pineapple<br>Dessert<br>Dinner Roll   |    | Snicker Apple Salad  |   |    |
| 17<br>CLOSED   | Cheese Tortellini / Marinara Sauce<br>Meatballs<br>Italian Veggie Blend<br>Mixed Berries<br>Breadstick |    | Roast Beef & Gravy<br>Dijon Red Potatoes<br>Country Blend Veggies<br>Tropical Fruit<br>Bread x2 |    | Beef Fajita<br>Chips / Salsa<br>Spanish Rice<br>Southwest Corn<br>Raspberries<br>Dessert         | Philly Cheese Chicken Sandwich<br>Tator Tots<br>Capri Blend Veggies<br>Banana | 21 |
| 24<br>Fish Sandwich / Bun / Tartar Sauce<br>Augratin Potatoes<br>Lettuce, Tomato, Onion<br>Cinnamon Applesauce | Egg & Sausage Bake<br>Hash Browns<br>Asparagus Almondine<br>Bread x1 / Jelly<br>Blueberries            |    | Supreme Pizza Casserole<br>House Salad<br>Green Beans Oregano<br>Dressing Apple<br>Breadstick   |    | 27<br>Pulled BBQ Chicken<br>Ranch Beans<br>California Blend Veggies<br>Cornbread<br>Strawberries | CLOSED  | 28 |
|  |  |    |   |    |  |   |    |

# February 2025 - Cogswell and Forman

### Home Delivered Meals, Carry Out Meals, and Congregate Meals are a suggested donation of \$4.00 per meal for people 60+ and their spouse of any age. Under 60 is a charge of \$11.75 per meal.

All meals include 1% milk. Menus are subject to change.

| MONDAY                             | TUESDAY                            | WEDNESDAY                   |    | THURSDAY                              | FRIDAY                         |    |
|------------------------------------|------------------------------------|-----------------------------|----|---------------------------------------|--------------------------------|----|
| 3                                  | <b>;</b>                           | 4                           | 5  | 6                                     | 5                              | 7  |
|                                    |                                    |                             |    |                                       |                                |    |
| Mushroom Swiss Burger / Bun        | Salisbury steak / Gravy            | Pork Wings                  |    | RS Ham                                |                                |    |
| Potato Salad                       | Mashed Potatoes                    | Scalloped Potatoes          |    | Baked Potato                          | CLOSED                         |    |
| Broccoli                           | Winter Blend Veggies               | Seasoned Snow Peas          |    | Mixed Veggies                         |                                |    |
| Tangerine                          | Cherry Fruit Salad                 | Cinnamon Bananas            |    | Bread x2                              |                                |    |
|                                    | Bread x2                           | Dinner Roll                 |    | Deluxe Fruit                          |                                |    |
| 10                                 |                                    | 11                          | 12 | 13                                    |                                | 14 |
| Tater Tot Casserole                | Chicken Tenders                    | Country Fried Steak / Gravy |    | Open Face Turkey Sandwich (2 slices b | l<br>pread)                    |    |
| Green Beans - 1 cup                | Macaroni & Cheese                  | Baby Baker Potatoes         |    | Chive Mashed Potatoes                 | CLOSED                         |    |
| Diced Pears                        | House Salad - 1 cup                | Beets                       |    | Peas & Carrots                        |                                |    |
| Bread x1                           | Fruit Cocktail                     | Pineapple                   |    | Snicker Apple Salad                   |                                |    |
|                                    | Bread x1                           | Dessert                     |    |                                       |                                |    |
|                                    |                                    | Dinner Roll                 |    |                                       |                                |    |
| 17                                 | 7                                  | 18                          | 19 | 20                                    |                                | 21 |
|                                    |                                    |                             |    |                                       |                                |    |
|                                    | Cheese Tortellini / Marinara Sauce | Roast Beef & Gravy          |    | Beef Fajita                           | Philly Cheese Chicken Sandwich |    |
| CLOSED                             | Meatballs                          | Dijon Red Potatoes          |    | Chips / Salsa                         | Tator Tots                     |    |
|                                    | Italian Veggie Blend               | Country Blend Veggies       |    | Spanish Rice                          | Capri Blend Veggies            |    |
|                                    | Mixed Berries                      | Tropical Fruit              |    | Southwest Corn                        | Banana                         |    |
|                                    | Breadstick                         | Bread x2                    |    | Raspberries<br>Dessert                |                                |    |
| 24                                 | L                                  | 25                          | 26 |                                       | ,                              | 28 |
|                                    | r .                                |                             | 20 |                                       |                                | 20 |
| Fish Sandwich / Bun / Tartar Sauce | Egg & Sausage Bake                 | Supreme Pizza Casserole     |    | Pulled BBQ Chicken                    |                                |    |
| Augratin Potatoes                  | Hash Browns                        | House Salad                 |    | Ranch Beans                           | CLOSED                         |    |
| Lettuce, Tomato, Onion             | Asparagus Almondine                | Green Beans Oregano         |    | California Blend Veggies              |                                |    |
| Cinnamon Applesauce                | Bread x1 / Jelly                   | Dressing Apple              |    | Cornbread                             |                                |    |
|                                    | Blueberries                        | Breadstick                  |    | Strawberries                          |                                |    |
|                                    |                                    |                             |    |                                       |                                |    |
|                                    |                                    |                             |    |                                       |                                |    |
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