

# October 2024

## HILLSBORO

### HILLSBORO MEALS ON WHEELS, TAKE OUT MEALS, & MEALS AT THE CENTERS

Please call one day in advance by 2 pm Tuesday through Friday to leave reservations for a meal, for Monday call by 2 pm on Friday

Phone 636-5953 or 1-800-845-1715

Menu Subject to Change

ALL MEALS INCLUDE 8 OZ 1% MILK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> Broccoli Cheese Soup / Crackers Steak Cobb Salad Pears Breadstick	<b>2</b> Beef Stroganoff Seasoned Egg Noodles Seasoned Broccoli - 1 cup Whole Orange Bread x2	<b>3</b> Braised Pork Chop Roasted Potatoes Roasted Brussel Sprouts Peaches Bread x2	<b>4</b> Grilled Chicken on Bun Lettuce, Tomato, Onion Tator Tots Beets Fruit Cocktail
<b>7</b> Lemon Pepper Fish Parslied Potatoes Carrots Peachy Gelatin Bread x2	<b>8</b> Salisbury Steak / Mushroom Gravy Twice Baked Potato Capri Blend Veggies Pineapple Bread x2	<b>9</b> Stuffed Shells / Sauce House Salad Malibu Blend Veggies Fresh Fruit Breadstick Chocolate Cake	<b>10</b> Chicken Pesto Sandwich Garden Rotini Salad Broccoli Salad Berries & White Chocolate	<b>11</b> Beef Fajita Spanish Rice Fajita Blend Veggies Tortilla Caramel Custard Raspberries
<b>14</b> Pork Loin Roast / Gravy Mashed Potato Lemon Asparagus Mandarin Oranges Bread x2	<b>15</b> Cobb Salad WG Breadstick Dressing Peaches	<b>16</b> Chili w/ Beans House Salad Cornbread Wheat Crackers Deluxe Fruit	<b>17</b> Porcupine Meatballs Mashed Potatoes Prince Edward Veggies Heavenly Hash Bread x2	<b>18</b> Pulled BBQ Chicken Ranch Beans Corn Cornbread Fresh Strawberries
<b>21</b> Fish Sandwich / Bun Lettuce Tomato Onion Scalloped Potatoes Cinnamon Applesauce Tarter Sauce	<b>22</b> Italian Turkey Meatloaf Boiled Potatoes Green Beans / Thyme Berry Crisp Bread x2	<b>23</b> RS Ham Baked Potato Peas & Onions Tropical Fruit Bread x2	<b>24</b> Chicken & Wild Rice Casserole Brussel Sprouts & Tomatoes 1 cup Whole Pear Breadstick	<b>25</b> Beef & Broccoli Fluffy Rice Japanese Stir Fry Veggies Vegetable Egg Roll Honeydew - 1 cup
<b>28</b> Pork Wings Au Gratin Potatoes Seasoned Snow Peas Ciabatta Roll Kiwi	<b>29</b> Gyros/Tzatziki Sauce Red Potatoes w/garlic Tomato & Cucumber Salad Strawberries & Yogurt	<b>30</b> Honey Chicken Glazed Sweet Potatoes California Blend Veggies Pear Dessert Bake Bread x2	<b>31</b> Country Beef & Veg Soup Egg Salad on Wheat House Salad Lettuc & Tomato Slice Pear	

# October 2024

## MAYVILLE/PORTLAND

### HILLSBORO MEALS ON WHEELS, TAKE OUT MEALS, & MEALS AT THE CENTERS

Please call one day in advance by 2 pm Tuesday through Friday to leave reservations for a meal, for Monday call by 2 pm on Friday

Phone 636-5953 or 1-800-845-1715

Menu Subject to Change

ALL MEALS INCLUDE 8 OZ 1% MILK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>Portland 1</b> Broccoli Cheese Soup / Crackers Steak Cobb Salad Pears Breadstick	<b>Mayville 2.</b> Beef Stroganoff Seasoned Egg Noodles Seasoned Broccoli - 1 cup Whole Orange Bread x2	<b>Portland 3</b> Braised Pork Chop Roasted Potatoes Roasted Brussel Sprouts Peaches Bread x2	<b>Mayville 4</b> Grilled Chicken on Bun Lettuce, Tomato, Onion Tator Tots Beets Fruit Cocktail
<b>Mayville 7</b> Lemon Pepper Fish Parslied Potatoes Carrots Peachy Gelatin Bread x2	<b>Portland 8</b> Salisbury Steak / Mushroom Gravy Twice Baked Potato Capri Blend Veggies Pineapple Bread x2	<b>Mayville 9</b> Stuffed Shells / Sauce House Salad Malibu Blend Veggies Fresh Fruit Breadstick Chocolate Cake	<b>Portland 10</b> Chicken Pesto Sandwich Garden Rotini Salad Broccoli Salad Berries & White Chocolate	<b>Mayville 11</b> Beef Fajita Spanish Rice Fajita Blend Veggies Tortilla Caramel Custard Raspberries
<b>Mayville 14</b> Pork Loin Roast / Gravy Mashed Potato Lemon Asparagus Mandarin Oranges Bread x2	<b>Portland 15</b> Cobb Salad WG Breadstick Dressing Peaches	<b>Mayville 16</b> Chili w/ Beans House Salad Cornbread Wheat Crackers Deluxe Fruit	<b>Portland 17</b> Porcupine Meatballs Mashed Potatoes Prince Edward Veggies Heavenly Hash Bread x2	<b>Mayville 18</b> Pulled BBQ Chicken Ranch Beans Corn Cornbread Fresh Strawberries
<b>Mayville 21</b> Fish Sandwich / Bun Lettuce Tomato Onion Scalloped Potatoes Cinnamon Applesauce Tarter Sauce	<b>Portland 22</b> Italian Turkey Meatloaf Boiled Potatoes Green Beans / Thyme Berry Crisp Bread x2	<b>Mayville 23</b> RS Ham Baked Potato Peas & Onions Tropical Fruit Bread x2	<b>Portland 24</b> Chicken & Wild Rice Casserole Brussel Sprouts & Tomatoes 1 cup Whole Pear Breadstick	<b>Mayville 25</b> Beef & Broccoli Fluffy Rice Japanese Stir Fry Veggies Vegetable Egg Roll Honeydew - 1 cup
<b>Mayville 28</b> Pork Wings Au Gratin Potatoes Seasoned Snow Peas Ciabatta Roll Kiwi	<b>Portland 29</b> Gyros/Tzatziki Sauce Red Potatoes w/garlic Tomato & Cucumber Salad Strawberries & Yogurt	<b>Mayville 30</b> Honey Chicken Glazed Sweet Potatoes California Blend Veggies Pear Dessert Bake Bread x2	<b>Portland 31</b> Country Beef & Veg Soup Egg Salad on Wheat House Salad Lettuc & Tomato Slice Pear	

# October 2024

## BUXTON

### HILLSBORO MEALS ON WHEELS, TAKE OUT MEALS, & MEALS AT THE CENTERS

Please call one day in advance by 2 pm Tuesday through Friday to leave reservations for a meal, for Monday call by 2 pm on Friday

Phone 636-5953 or 1-800-845-1715

Menu Subject to Change

ALL MEALS INCLUDE 8 OZ 1% MILK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		2 Beef Stroganoff Seasoned Egg Noodles Seasoned Broccoli - 1 cup Whole Orange Bread x2		4 Grilled Chicken on Bun Lettuce, Tomato, Onion Tator Tots Beets Fruit Cocktail
7 Lemon Pepper Fish Parslied Potatoes Carrots Peachy Gelatin Bread x2		9 Stuffed Shells / Sauce House Salad Malibu Blend Veggies Fresh Fruit Breadstick Chocolate Cake		11 Beef Fajita Spanish Rice Fajita Blend Veggies Tortilla Caramel Custard Raspberries
14 Pork Loin Roast / Gravy Mashed Potato Lemon Asparagus Mandarin Oranges Bread x2		16 Chili w/ Beans House Salad Cornbread Wheat Crackers Deluxe Fruit		18 Pulled BBQ Chicken Ranch Beans Corn Cornbread Fresh Strawberries
21 Fish Sandwich / Bun Lettuce Tomato Onion Scalloped Potatoes Cinnamon Applesauce Tarter Sauce		23 RS Ham Baked Potato Peas & Onions Tropical Fruit Bread x2		25 Beef & Broccoli Fluffy Rice Japanese Stir Fry Veggies Vegetable Egg Roll Honeydew - 1 cup
28 Pork Wings Au Gratin Potatoes Seasoned Snow Peas Ciabatta Roll Kiwi		30 Honey Chicken Glazed Sweet Potatoes California Blend Veggies Pear Dessert Bake Bread x2		