# October 2024

## **HILLSBORO**

### HILLSBORO MEALS ON WHEELS, TAKE OUT MEALS, & MEALS AT THE CENTERS

Please call one day in advance by 2 pm Tuesday through Friday to leave reservations for a meal, for Monday call by 2 pm on Friday

Phone 636-5953 or 1-800-845-1715

Menu Subject to Change

#### ALL MEALS INCLUDE 8 OZ 1% MILK

| MONDAY   | TUESDAY  | WEDNESDAY  |    | THURSDAY  | FRIDAY  |    |
|--|--|--|----|---|---|----|
|  |  | 1  | 2  |   | 3   | 4  |
|  | Broccoli Cheese Soup / Crackers<br>Steak Cobb Salad<br>Pears<br>Breadstick                             | Beef Stroganoff<br>Seasoned Egg Noodles<br>Seasoned Broccoli - 1 cup<br>Whole Orange<br>Bread x2             |    | Braised Pork Chop<br>Roasted Potatoes<br>Roasted Brussel Sprouts<br>Peaches<br>Bread x2       | Grilled Chicken on Bun<br>Lettuce, Tomato, Onion<br>Tator Tots<br>Beets<br>Fruit Cocktail         |    |
|  | 7  | 8  | 9  | 10  | D   | 11 |
| Lemon Pepper Fish<br>Parslied Potatoes<br>Carrots<br>Peachy Gelatin<br>Bread x2                          | Salisbury Steak / Mushroom Gravy<br>Twice Baked Potato<br>Capri Blend Veggies<br>Pineapple<br>Bread x2 | Stuffed Shells / Sauce<br>House Salad<br>Malibu Blend Veggies<br>Fresh Fruit<br>Breadstick<br>Chocolate Cake |    | Chicken Pesto Sandwich<br>Garden Rotini Salad<br>Broccoli Salad<br>Berries & White Chocolate  | Beef Fajita<br>Spanish Rice<br>Fajita Blend Veggies<br>Tortilla<br>Caramel Custard<br>Raspberries |    |
|  | 14 1.  |  | 16 | 17  | 7   | 18 |
| Pork Loin Roast / Gravy<br>Mashed Potato<br>Lemon Asparagus<br>Mandarin Oranges<br>Bread x2              | Cobb Salad<br>WG Breadstick<br>Dressing<br>Peaches   | Chili w/ Beans<br>House Salad<br>Cornbread<br>Wheat Crackers<br>Deluxe Fruit                                 |    | Porcupine Meatballs<br>Mashed Potatoes<br>Prince Edward Veggies<br>Heavenly Hash<br>Bread x2  | Pulled BBQ Chicken<br>Ranch Beans<br>Corn<br>Cornbread<br>Fresh Strawberries                      |    |
|  | 21 2   | 2  | 23 | 24  | 1   | 25 |
| Fish Sandwich / Bun<br>Lettuce Tomato Onion<br>Scalloped Potatoes<br>Cinnamon Applesauce<br>Tarter Sauce | Italian Turkey Meatloaf<br>Boiled Potatoes<br>Green Beans / Thyme<br>Berry Crisp<br>Bread x2           | RS Ham<br>Baked Potato<br>Peas & Onions<br>Tropical Fruit<br>Bread x2  |    | Chicken & Wild Rice Casserole<br>Brussel Sprouts & Tomatoes 1 cu<br>Whole Pear<br>Breadstick  | Japanese Stir Fry Veggies<br>Vegtable Egg Roll<br>Honeydew - 1 cup                                |    |
|  | 28 29  | 9  | 30 | 3:  | L   |    |
| Pork Wings<br>Au Gratin Potatoes<br>Seasoned Snow Peas<br>Ciabatta Roll<br>Kiwi                          | Gyros/Tzatziki Sauce<br>Red Potatoes w/garlic<br>Tomato & Cucumber Salad<br>Strawberries & Yogurt      | Honey Chicken<br>Glazed Sweet Potatoes<br>California Blend Veggies<br>Pear Dessert Bake<br>Bread x2          |    | Country Beef & Veg Soup<br>Egg Salad on Wheat<br>House Salad<br>Lettuc & Tomato Slice<br>Pear |   |    |

# October 2024

## **MAYVILLE/PORTLAND**

### HILLSBORO MEALS ON WHEELS, TAKE OUT MEALS, & MEALS AT THE CENTERS

Please call one day in advance by 2 pm Tuesday through Friday to leave reservations for a meal, for Monday call by 2 pm on Friday

Phone 636-5953 or 1-800-845-1715

Menu Subject to Change

#### ALL MEALS INCLUDE 8 OZ 1% MILK

| MONDAY   |    | TUESDAY   |       | WEDNESDAY  |    | THURSDAY  |       | FRIDAY  |    |
|--|----|---|-------|--|----|---|-------|---|----|
|  |    | Portland  | 1     | Mayville   | 2. | Portland  | 3     | Mayville  | 4  |
|  |    | Broccoli Cheese Soup / Crack<br>Steak Cobb Salad<br>Pears<br>Breadstick                           | kers  | Beef Stroganoff<br>Seasoned Egg Noodles<br>Seasoned Broccoli - 1 cup<br>Whole Orange<br>Bread x2             |    | Braised Pork Chop<br>Roasted Potatoes<br>Roasted Brussel Sp<br>Peaches<br>Bread x2      | routs | Grilled Chicken on Bun<br>Lettuce, Tomato, Onion<br>Tator Tots<br>Beets<br>Fruit Cocktail               |    |
| Mayville   | 7  | Portland  | 8     | Mayville   | 9  | Portland  | 10    | Mayville  | 11 |
| Lemon Pepper Fish<br>Parslied Potatoes<br>Carrots<br>Peachy Gelatin<br>Bread x2                          |    | Salisbury Steak / Mushroom<br>Twice Baked Potato<br>Capri Blend Veggies<br>Pineapple<br>Bread x2  | Gravy | Stuffed Shells / Sauce<br>House Salad<br>Malibu Blend Veggies<br>Fresh Fruit<br>Breadstick<br>Chocolate Cake |    | Chicken Pesto Sano<br>Garden Rotini Salao<br>Broccoli Salad<br>Berries & White Ch       | 1     | Beef Fajita<br>Spanish Rice<br>Fajita Blend Veggies<br>Tortilla<br>Caramel Custard<br>Raspberries       |    |
| Mayville   | 14 | Portland  | 15    | Mayville   | 16 | Portland  | 17    | Mayville  | 18 |
| Pork Loin Roast / Gravy<br>Mashed Potato<br>Lemon Asparagus<br>Mandarin Oranges<br>Bread x2              |    | Cobb Salad<br>WG Breadstick<br>Dressing<br>Peaches  |       | Chili w/ Beans<br>House Salad<br>Cornbread<br>Wheat Crackers<br>Deluxe Fruit                                 |    | Porcupine Meatball<br>Mashed Potatoes<br>Prince Edward Veg<br>Heavenly Hash<br>Bread x2 |       | Pulled BBQ Chicken<br>Ranch Beans<br>Corn<br>Cornbread<br>Fresh Strawberries                            |    |
| Mayville   | 21 | Portland  | 22    | Mayville   |    | Portland  | 24    | Mayville  | 25 |
| Fish Sandwich / Bun<br>Lettuce Tomato Onion<br>Scalloped Potatoes<br>Cinnamon Applesauce<br>Tarter Sauce |    | Italian Turkey Meatloaf<br>Boiled Potatoes<br>Green Beans / Thyme<br>Berry Crisp<br>Bread x2      |       | RS Ham<br>Baked Potato<br>Peas & Onions<br>Tropical Fruit<br>Bread x2  |    | Chicken & Wild Ric<br>Brussel Sprouts &<br>Whole Pear<br>Breadstick                     |       | Beef & Broccoli<br>up Fluffy Rice<br>Japanese Stir Fry Veggies<br>Vegtable Egg Roll<br>Honeydew - 1 cup |    |
| Mayville   | 28 | Portland  | 29    | Mayville   | 30 | Portland  | 31    |   |    |
| Pork Wings<br>Au Gratin Potatoes<br>Seasoned Snow Peas<br>Ciabatta Roll<br>Kiwi                          |    | Gyros/Tzatziki Sauce<br>Red Potatoes w/garlic<br>Tomato & Cucumber Salad<br>Strawberries & Yogurt |       | Honey Chicken<br>Glazed Sweet Potatoes<br>California Blend Veggies<br>Pear Dessert Bake<br>Bread x2          |    | Country Beef & Veg<br>Egg Salad on Whea<br>House Salad<br>Lettuc & Tomato S<br>Pear     | at    |   |    |

# October 2024

## **BUXTON**

### HILLSBORO MEALS ON WHEELS, TAKE OUT MEALS, & MEALS AT THE CENTERS

Please call one day in advance by 2 pm Tuesday through Friday to leave reservations for a meal, for Monday call by 2 pm on Friday

Phone 636-5953 or 1-800-845-1715

Menu Subject to Change

#### ALL MEALS INCLUDE 8 OZ 1% MILK

| MONDAY                                 | TUESDAY | WEDNESDAY                                 | THURSDAY | FRIDAY   |    |
|--|---------|---|----------|--|----|
|  |         | 2   |          |  | 4  |
|  |         | Beef Stroganoff<br>Seasoned Egg Noodles   |          | Grilled Chicken on Bun<br>Lettuce, Tomato, Onion |    |
|  |         | Seasoned Broccoli - 1 cup<br>Whole Orange |          | Tator Tots<br>Beets                              |    |
| 7                                      |         | Bread x2 9                                |          | Fruit Cocktail                                   | 11 |
| /                                      |         | 9   |          |  | 11 |
| Lemon Pepper Fish<br>Parslied Potatoes |         | Stuffed Shells / Sauce<br>House Salad     |          | Beef Fajita                                      |    |
| Carrots                                |         | Malibu Blend Veggies                      |          | Spanish Rice<br>Fajita Blend Veggies             |    |
| Peachy Gelatin                         |         | Fresh Fruit                               |          | Tortilla   |    |
| Bread x2                               |         | Breadstick                                |          | Caramel Custard                                  |    |
|  |         | Chocolate Cake                            |          | Raspberries                                      |    |
| 14                                     |         | 16  |          |  | 18 |
| Pork Loin Roast / Gravy                |         | Chili w/ Beans                            |          | Pulled BBQ Chicken                               |    |
| Mashed Potato                          |         | House Salad                               |          | Ranch Beans                                      |    |
| Lemon Asparagus                        |         | Cornbread                                 |          | Corn   |    |
| Mandarin Oranges                       |         | Wheat Crackers                            |          | Cornbread  |    |
| Bread x2                               |         | Deluxe Fruit                              |          | Fresh Strawberries                               |    |
| 21                                     |         | 23  |          |  | 25 |
| Fish Sandwich / Bun                    |         | RS Ham                                    |          | Beef & Broccoli                                  |    |
| Lettuce Tomato Onion                   |         | Baked Potato                              |          | Fluffy Rice                                      |    |
| Scalloped Potatoes                     |         | Peas & Onions                             |          | Japanese Stir Fry Veggies                        |    |
| Cinnamon Applesauce                    |         | Tropical Fruit                            |          | Vegtable Egg Roll                                |    |
| Tarter Sauce                           |         | Bread x2                                  |          | Honeydew - 1 cup                                 |    |
| 28                                     |         | 30  |          |  |    |
| Pork Wings                             |         | Honey Chicken                             |          |  |    |
| Au Gratin Potatoes                     |         | Glazed Sweet Potatoes                     |          |  |    |
| Seasoned Snow Peas                     |         | California Blend Veggies                  |          |  |    |
| Ciabatta Roll                          |         | Pear Dessert Bake                         |          |  |    |
| Kiwi                                   |         | Bread x2                                  |          |  |    |