Home Delivered Meals, Carry Out Meals, and Congregate Meals are a suggested donation of \$4.00 per meal for people 60+ and their spouse of any age.

Under 60 is a charge of \$9.00 per meal.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	2	4		5 6
Tuna Noodle Casserole	Turkey a la King	Hot Roast Beef / Gravy on Wheat	Chicken & Dumplings	Scrambled Egg
Caribbean Blend Veggies	Fluffy Rice	Chived Mashed Potatoes	House Salad	Seasoned Steak
Peaches	Malibu Blend Veggies	Peas and Carrots	Herbed Green Beans	Hashbrowns
Dinner Roll	Fresh Grapes	Snicker & Apple Salad	Strawberries & Yogurt	Orange Vinaigrette Veggies
	Biscuit		Biscuit	Mixed Berries
				Bread x2 / Jelly
9	10	Birthday Dinner 11		L2 Christmas Dinner 13
BBQ Ribs	Chili w/ Beans	Chicken Fried Steak / Cream Gravy	Cheeseburger on a Bun	Ham
Prince Edward Veggies	House Salad	Potatoes & Onions	Dijon Red Potatoes	Glazed Sweet Potatoes
Baked Potato	Cornbread	Lemon Butter Broccoli	Squash	Green Bean Casserole
Fruit Cocktail	Wheat Crackers	Ambrosia	Whole Pear	Orange
Bread x2	Banana	Birthday Cake		Strawberry Cream Pie
		Bread x1		Dinner Roll
16	17	18	3	L9 20
Swedish Meatballs	Lemon Pepper Fish	Chicken Tortilla Soup	Beef Lasagna	Roast Pork Loin
Mashed Potatoes	Au Gratin Potatoes	Cheese Enchiladas	Herbed Green Beans	Parslied Potatoes
Corn	Winter Blend Veggies	Black Beans	Blueberries	Balsamic Brussels Sprouts
Apple	Peachy Gelatin	Pepper Medley	Breadstick	Apricots
Bread x2	Bread x2	Sour Cream		Caribbean Sauce
		Pineapple		Dinner Roll
23		_		26 27
Tater Tot Casserole	CLOSED	CLOSED	Lemon Mustard Chicken	Beef Stroganoff
Southwest Corn	Meals on Wheels recipients will	If you would like to receive an	Roasted Red Potatoes	Mashed Potatoes
Fresh Whole Pear	receive a frozen meal on Monday	additional frozen meal on Monday,	Country Blend Veggies	Carrots
Bread x2	along with their hot meal.	please call the office 642-3033.	Tropical Fruit	Zucchini Bread
			Dinner Roll	Deluxe Fruit
30	_			
Sloppy Joe / Bun	Shrimp Scampi			
Baked Beans	Spinach Fettuccine			
Potato Wedges	House Salad			
Mandarin Oranges	Buttered Asparagus			
	Raspberries			
	Breadstick			

#### **December 2024**

#### **Abercrombie Senior Center**

553-8459

Home Delivered Meals, Carry Out Meals, and Congregate Meals are a suggested donation of \$4.00 per meal for people 60+ and their spouse of any age.

Under 60 is a charge of \$9.00 per meal.

MONDAY	TUESDAY	WEDNESDAY		THURSDAY		FRIDAY	
	2 3		4		5		6
Tuna Noodle Casserole	Scrambled Egg	Chicken & Dumplings					
Caribbean Blend Veggies	Seasoned Steak	House Salad					
Peaches	Hashbrowns	Herbed Green Beans					
Dinner Roll	Orange Vinaigrette Veggies	Strawberries & Yogurt					
	Mixed Berries	Biscuit					
	Bread x2 / Jelly						
9	10	Christmas Dinner	11		12		13
Chili w/ Beans	Chicken Fried Steak / Cream Gravy	Ham					
House Salad	Potatoes & Onions	Glazed Sweet Potatoes					
Cornbread	Lemon Butter Broccoli	Green Bean Casserole					
Wheat Crackers	Ambrosia	Orange					
Banana	Bread x1	Strawberry Cream Pie					
		Dinner Roll					
16	17		18		19		20
Swedish Meatballs	Beef Lasagna	Chicken Tortilla Soup					
Mashed Potatoes	Herbed Green Beans	Cheese Enchiladas					
Corn	Winter Blend Veggies	Black Beans					
Apple	Breadstick	Pepper Medley					
Bread x2		Sour Cream					
		Pineapple					
23	24		25		26		27
Tater Tot Casserole				Lemon Mustard Chicken		Beef Stroganoff	
Southwest Corn	CLOSED	CLOSED		Roasted Red Potatoes		Mashed Potatoes	
Fresh Whole Pear				Country Blend Veggies		Carrots	
Bread x2				Tropical Fruit		Zucchini Bread	
				Dinner Roll		Deluxe Fruit	
30	31						
Sloppy Joe / Bun	Shrimp Scampi						
Baked Beans	Spinach Fettuccine						
Potato Wedges	House Salad						
Mandarin Oranges	Buttered Asparagus						
	Raspberries						
	Breadstick						

## **Hankinson Senior Center**

Home Delivered Meals, Carry Out Meals, and Congregate Meals are a suggested donation of \$4.00 per meal for people 60+ and their spouse of any age.

Under 60 is a charge of \$9.00 per meal.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY		FRIDAY		
2	3		4		5		6
	Turkey a la King	Hot Roast Beef / Gravy on Wheat				Chicken & Dumplings	
	Fluffy Rice	Chived Mashed Potatoes				House Salad	
	Malibu Blend Veggies	Peas and Carrots				Herbed Green Beans	
	Fresh Grapes	Snicker & Apple Salad				Strawberries & Yogurt	
	Biscuit					Biscuit	
9			11		12		13
	Chicken Fried Steak / Cream Gravy	Ham				BBQ Ribs	
	Potatoes & Onions	Glazed Sweet Potatoes				Prince Edward Veggies	
	Lemon Butter Broccoli	Green Bean Casserole				Baked Potato	
	Ambrosia	Orange				Fruit Cocktail	
	Bread x1	Strawberry Cream Pie				Bread x2	
		Dinner Roll					
16			18		19		20
	Chicken Tortilla Soup	Roast Pork Loin				Beef Lasagna	
	Cheese Enchiladas	Parslied Potatoes				Herbed Green Beans	
	Black Beans	Balsamic Brussels Sprouts				Blueberries	
	Winter Blend Veggies	Apricots				Breadstick	
	Sour Cream	Caribbean Sauce					
	Pineapple	Dinner Roll					
23	24		25		26		27
Beef Stroganoff				Lemon Mustard Chicken		Tater Tot Casserole	
Mashed Potatoes	CLOSED	CLOSED	- 1	Roasted Red Potatoes		Southwest Corn	
Carrots				Country Blend Veggies		Fresh Whole Pear	
Zucchini Bread				Tropical Fruit		Bread x2	
Deluxe Fruit				Dinner Roll			
30							
	Shrimp Scampi						
	Spinach Fettuccine						
	House Salad						
	Buttered Asparagus						
	Raspberries						
	Breadstick						

#### **December 2024**

# **Lidgerwood Senior Center**

538-4602

Home Delivered Meals, Carry Out Meals, and Congregate Meals are a suggested donation of \$4.00 per meal for people 60+ and their spouse of any age.

Under 60 is a charge of \$9.00 per meal.

MONDAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	2	3		4		5		6
Tuna Noodle Casserole	Hot Roast Beef / Gravy on Whea	at			Chicken & Dumplings			
Caribbean Blend Veggies	Chived Mashed Potatoes				House Salad			
Peaches	Peas and Carrots				Herbed Green Beans			
Dinner Roll	Snicker & Apple Salad				Strawberries & Yogurt			
					Biscuit			
	9	10		11	Christmas Dinner	12		13
BBQ Ribs	Chicken Fried Steak / Cream Gra	avy			Ham			
Prince Edward Veggies	Potatoes & Onions				Glazed Sweet Potatoes			
Baked Potato	Lemon Butter Broccoli				Green Bean Casserole			
Fruit Cocktail	Ambrosia				Orange			
Bread x2	Bread x1				Strawberry Cream Pie			
					Dinner Roll			
	16	17		18		19		20
Swedish Meatballs	Lemon Pepper Fish				Roast Pork Loin			
Mashed Potatoes	Au Gratin Potatoes				Parslied Potatoes			
Corn	Winter Blend Veggies				Balsamic Brussels Sprouts			
Apple	Peachy Gelatin				Apricots			
Bread x2	Bread x2				Caribbean Sauce			
					Dinner Roll			
	23	24		25		26		27
Tater Tot Casserole					Lemon Mustard Chicken		Beef Stroganoff	
Southwest Corn	CLOSED		CLOSED		Roasted Red Potatoes		Mashed Potatoes	
Fresh Whole Pear					Country Blend Veggies		Carrots	
Bread x2					Tropical Fruit		Zucchini Bread	
					Dinner Roll		Deluxe Fruit	
	30	31						
Sloppy Joe / Bun	Shrimp Scampi							
Baked Beans	Spinach Fettuccine							
Potato Wedges	House Salad							
Mandarin Oranges	Buttered Asparagus							
	Raspberries							
	Breadstick							
	Dicadotteix							

### **December 2024**

# **Wyndmere Senior Center**

439-2907

Home Delivered Meals, Carry Out Meals, and Congregate Meals are a suggested donation of \$4.00 per meal for people 60+ and their spouse of any age.

Under 60 is a charge of \$9.00 per meal.

MONDAY	TUESDAY		WEDNESDAY	THURSDAY		FRIDAY	
	2	3	4		5		6
Tuna Noodle Casserole	Turkey a la King			Chicken & Dumplings			
Caribbean Blend Veggies	Fluffy Rice			House Salad			
Peaches	Malibu Blend Veggies			Herbed Green Beans			
Dinner Roll	Fresh Grapes			Strawberries & Yogurt			
	Biscuit			Biscuit			
	9	10	11		12	Christmas Dinner	13
BBQ Ribs	Chili w/ Beans					Ham	
Prince Edward Veggies	House Salad			CLOSED		Glazed Sweet Potatoes	
Baked Potato	Cornbread					Green Bean Casserole	
Fruit Cocktail	Wheat Crackers					Orange	
Bread x2	Banana					Strawberry Cream Pie	
						Dinner Roll	
	16	17	18		19		20
Swedish Meatballs	Lemon Pepper Fish			Beef Lasagna			
Mashed Potatoes	Au Gratin Potatoes			Herbed Green Beans			
Corn	Winter Blend Veggies			Blueberries			
Apple	Peachy Gelatin			Breadstick			
Bread x2	Bread x2						
	23	24	25		26		27
Tater Tot Casserole				Lemon Mustard Chicken		Beef Stroganoff	
Southwest Corn	CLOSED		CLOSED	Roasted Red Potatoes		Mashed Potatoes	
Fresh Whole Pear				Country Blend Veggies		Carrots	
Bread x2				Tropical Fruit		Zucchini Bread	
				Dinner Roll		Deluxe Fruit	
	30	31					
Sloppy Joe / Bun	Shrimp Scampi						
Baked Beans	Spinach Fettuccine						
Potato Wedges	House Salad						
Mandarin Oranges	Buttered Asparagus						
_	Raspberries						
	Breadstick						