

# APRIL 2025

## VALLEY SENIOR SERVICES- FARGO MEALS ON WHEELS & TAKE OUT MEALS AT CENTERS

TO MAKE A RESERVATION AT YOUR LOCAL MEAL SITE PLEASE CALL THE NUMBER TO THE RIGHT BEFORE 12:00 NOON ONE DAY IN ADVANCE  
 FOR MEALS ON WHEELS CONTACT THE MAIN OFFICE AT **701-293-1440**

**MENU SUBJECT TO CHANGE**

To reserve a meal at a site  
 Please call:

Ed Clapp 701-298-3976  
 Trollwood 701-298-3975  
 Broadway Station 701-232-7936

**ALL MEALS INCLUDE 8 oz 1% MILK**  
**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	Orange Marmalade Chicken Scalloped Potatoes Steamed Cabbage Fresh Fruit Whole Wheat Bread x2	Tuna Pasta Hotdish Peas & Carrots Green Beans Fresh Fruit Whole Wheat Bread	Hamburger Whole Wheat Bun Baked Beans Tossed Salad Peaches	BBQ Chicken Thigh Baked Potato Maple Dijon Brussel Sprouts Tropical Fruit Whole Wheat Bread x2
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Tator Tot Hotdish California Blend Vegetables Pears Whole Wheat Bread x2	Chicken Veronique Smashed Potatoes Diced Beets Fresh Fruit Whole Wheat Bread x2	Seasoned Pork Roast w/ Gravy Baked Sweet Potato Confetti Coleslaw Cinnamon Applesauce	Chicken Ala King Steamed Baby Carrots Seasoned Green Beans Fresh Fruit Whole Wheat Biscuit	Cheesy Egg Bake Steamed Peas Steamed Cauliflower Fresh Fruit Whole Wheat Bread x2
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Ranch Chicken Thigh Baked Potato Mixed Vegetables Peaches Whole Wheat Bread x2	Cabbage Rolls Parsley Buttered Potatoes Seasoned Broccoli Fresh Fruit Whole Wheat Bread	Taco Filling & Cheese Whole Grain Tortilla x2 Black Beans Shredded Lettuce Fresh Fruit	Pulled Pork Sandwich Whole Wheat Bun Potato Salad Steamed Corn Warm Spiced Apples	<b>CLOSED</b> 
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Herb Baked Fish Brown Rice Parslied Carrots Steamed Broccoli Tropical Fruit Whole Wheat Bread	Beef Stroganoff Noodles Crinkle Cut Carrots Mixed Vegetables Fresh Fruit Whole Wheat Bread	Braised Pork Chop Baked Sweet Potato Tossed Salad Pineapple Tidbits Whole Wheat Bread x2	Rosemary Orange Chicken Parmesan Garlic Whipped Potatoes Steamed Brussels Sprouts Blushing Pears Whole Wheat Bread x2	Swedish Meatballs Whole Wheat Breadstick Mashed Potatoes Stewed Tomatoes Fresh Fruit
<b>28</b>	<b>29</b>	<b>30</b>		
Dijon Chicken Smashed Potatoes California Blend Vegetables Apricots Whole Wheat Bread x2	BBQ Beef Patty Whole Wheat Bun Baked Beans Steamed Corn Pears	Buttermilk Chicken Sister Shubert Roll Roasted Garlic Whipped Potatoes Glazed Carrots Easter Dessert w/ Fruit		